

DARIEN HIGH
SCHOOL



DARIEN BLUE WAVE

SPORTS CONTACTS
AND
STARTING DATES

2011/2012

**Darien “Blue Wave”
Important Sports Dates
For 2011/2012**

Sport	Starts
Football (conditioning)	8/22
Cheerleading	8/15
Cross Country	8/27
Field Hockey	8/27
Soccer	8/27
Girls Swimming/Diving	8/27
Girls Volleyball	8/27
Girls Basketball	11/21
Boys Basketball	11/28
Cheerleading	11/21
Gymnastics	11/28
Girls Ice Hockey	11/21
Boys Ice Hockey	11/28
Indoor Track	11/28
Skiing	11/28
Squash	11/28
Boys Swimming	11/28
Wrestling	11/28
Baseball	3/19*
Golf	3/19
Lacrosse	3/19
Softball	3/19
Tennis	3/19
Outdoor Track	3/19
Boys Volleyball	3/19
Sailing	3/19

***Pitchers & catchers begin March 12**

Darien “Blue Wave” Coach Contacts

Cheerleading	Lauren Moore	655-0044 ext 8177
	LMoore@darienps.org	
Football	Rob Trifone	655-3981 ext. 2405
	RTrifone@darienps.org	
Boys Cross Country	Tyson Kaczmarek	848-0140
Boys Indoor Track	nosyt13@aol.com	
Boys Outdoor Track		
Girls Cross Country	Steve Norris	655-9937
Girls Indoor Track	runnersroost@yahoo.com	
Girls Outdoor Track		
Field Hockey	Mo Minicus	662-9759
	mominicus@hotmail.com	
Boys Soccer	Jonathan Bradley	550-6589
	JonathanBradley@usa.net	
Girls Soccer	Leigh Parsons	203-979-7984
	lfc715@hotmail.com	
Girls Swimming	Marj Trifone	655-3981 ext. 2350
	MTrifone@darienps.org	
Girls/Boys Volleyball	Laurie LaRusso	655-3981 ext. 2268
	LLaRusso@darienps.org	
Girls Basketball	Gary Peterson	203-895-7100
	gwpeterson@optonline.net	
Boys Basketball	Kyle Marian	655-2518 ext 3707
	BWBBALLP@Gmail.com	
Gymnastics	Ella Southworth	655-4125
	ESSpromo@aol.com	
Boys Ice Hockey	Chris Gerwig	203-246-4598
	gersh1070@aol.com	
Girls Ice Hockey	Al Gurney	203-414-5243
	algurn@gmail.com	
Skiing	Brian Zeyer	655-2518 ext. 3425
	BZeyer@darienps.org	



Darien “Blue Wave” Coach

Contacts

Boys Swimming	Jason Cochran	203-655-8228 x306 jcochran@darien-ymca.org
Wrestling	Joe Vano	656-7402 JVano@darienps.org
Baseball	Michael Scott	655-3981 ext. 2518 MScott@darienps.org
Boys Golf	Tom O’Donnell	655-2518 ext. 3259 TO'Donnell@darienps.org
Girls Golf / Skiing	Brian Zeyer	655-2518 ext. 3425 BZeyer@darienps.org
Boys Lacrosse	Jeff Brameier	655-3981 ext. 2210 JBrameier@darienps.org
Girls Lacrosse	Lisa Lindley	243-0080 grizonline@yahoo.com
Sailing	Britt Hall	655-9424 BritHall45@aol.com
Softball	Nick DeMaio	655-3981 ext. 2229 NDemaio@darienps.org
Squash	Damian Walker	Squashalley@sbcglobal.net
Boys Tennis	Tom Stepkoski	Stepkoski@yahoo.com
Girls Tennis	Davin Gebauer	656-2775 djg626@optonline.net
Athletic Director:	John Keleher	655-3981 ext. 2263 JKeleher@darienps.org
Athletic Admin. Asst:	Cindy Fraioli	655-3981 ext. 2244 CFraioli@darienps.org