

Expo Packing List

- _____ 1 sleeping bag
- _____ 1 pillow and pillow case
- _____ 1 warm jacket (essential)
- _____ 1 winter hat (essential)
- _____ 1 pair gloves/mittens(mandatory)
- _____ 1 raincoat or poncho - a must!
- _____ 2 pairs of jeans or regular pants
- _____ 1 pair of sweat pants
- _____ 2 heavy shirts or equivalent (fleece, sweater, sweatshirt)
- _____ 1 lighter long sleeve shirt
- _____ 3 pairs of heavy socks or 6 thin socks for layering
- _____ 3 changes of underwear
- _____ long underwear - tops and bottoms
- _____ slippers
- _____ 1 pair pajamas (sleep wear)
- _____ your favorite fluffy ☺
- _____ 1 pair of sneakers (2 recommended if no hiking boots are available)
- _____ 1 pair of hiking boots
- _____ 1 toiletry kit- soap, toothbrush, toothpaste, comb, shampoo
- _____ towel and washcloth
- _____ laundry bag or extra pillow case
- _____ **Chap stick**
- _____ 1 flashlight
- _____ small backpack & water bottle

MANDATORY ITEMS

- _____ 1 reading book
- _____ check with your LAII teacher about your journal

MEMORIES

- _____ Camera and film - PLEASE label single use cameras as well as regular cameras

PLEASE DO NOT SEND

knives, radios, ipods, any electronic games, candy, gum or food, CELL PHONES

WELCOME

Board games
Playing cards

PLEASE MAKE SURE THAT EVERY SIGNIFICANT PERSONAL ITEM IS CLEARLY LABELED WITH YOUR CHILD'S NAME. PLEASE LABEL DUFFEL BAGS, JACKETS, ETC. PLEASE STOP IN AT THE OFFICE IMMEDIATELY UPON RETURN TO CLAIM LOST ITEMS.