

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
November 30, 2009		December 1, 2009		December 2, 2009		December 3, 2009		December 4, 2009	
		Staff & Faculty - \$3.00		HOT LUNCH		Students - \$2.75			
Country Breaded Steakw/ Gravy Mashed Potatoes Green Beans Applesauce		Lasagna w/Meatsauce Tossed Salad Whole Wheat Bread Stick Peach Cup		Chicken Nuggets Green Peas Buttered Noodles Pear Cup		Toasted Cheese Sandwich Tator Tots Carrot & Celery Sticks Fruit Cocktail Cup		Baked Macaroni & Cheese Mixed Vegetables Dinner Roll Assorted Desserts	
ALSO AVAILABLE EVERYDAY FOR HOT LUNCH Milk * Salad of the Day * Assorted Sandwiches									
Creamy Potato w/bacon		Manhattan Clam Chowder		Chicken & Rice Soup		Tomato and 3 Cheese Soup		NE Clam Chowder	
A L A C A R T E									
California Salad	\$4.50	Chicken Caesar Salad	\$5.00	Greek Salad	\$4.50	Taco Bean Salad	\$4.50	Chef Salad	\$5.00
Italian Combination Wedge	\$4.75	Roast Beef & Provolone on an Onion Roll	\$4.75	SUBWAY BAR	\$5.00	Chicken Salad on a Croissant	\$4.75	Turkey BLT Wrap	\$4.75
Meatball Wedge	\$3.50	Cheese Ravioli w/Bread Stick	\$3.75	Steak & Cheese	\$3.50	Spicy Chicken	\$3.00	Spicy Spirals	\$2.50
Chicken Fajita Wrap	\$3.00	BBQ Shredded pork Sandwich	\$3.75	Spicy Waffle Potates	\$2.75	Baked Ziti w/breadstick	\$3.75	Italian Hot Pocket	\$3.00
Cheese Quesadilla	\$2.00	Chicken Quesadilla	\$2.00	Cheese Quesadilla	\$2.00	Chicken Quesadilla	\$3.00	Cheese Quesdilla	\$3.00
Cheeseburger	\$3.00	Personal Pizza	\$2.50	Cheeseburger	\$3.00	Chicken Rings w/potato	\$4.25	Cheeseburger	\$3.00
Popcorn Chicken	\$4.25	Sweet & Sour Chicken	\$4.50	Bosco Sticks	\$3.00	personal pizza	\$3.00	Spicy Chicken Tenders	\$4.25
Pepperoni Pizza	\$2.50	Tomato Garlic Pizza	\$2.50	Pepperoni Pizza	\$2.50	White Garlic Pizza	\$2.50	Pepperoni Pizza	\$2.50

EVERY DAY A LA CARTE ITEMS

Fruit & Yogurt Parfaits * Tossed Green & Caesar Salads * Fresh Fruit Salad * Gourmet Pizzas * Turkey & Garden Burgers on Whole Grain Buns

DRINKS

Tropicana Juices & Smoothies * Bottled Spring Water * 100% Snapple * Milks: Low Fat - 2% - Vanilla - Skim - Chocolate

DESSERTS & BAKERY

Apples * Oranges * Bananas * Yogurt * Pudding * Gelatin * Hot Pretzels * Fresh Bagels * Baked Muffins * Sugar Free & Reduced Fat Cookies