

Darien Public Schools Elementary Menu

June 2017

LUNCH PRICES 2015-2016	
K-5	\$3.55
ADULT	\$3.85
MILK	\$0.75

This institution is an equal opportunity provider. Substitutions may occur without notice

Nutritional Focus for 2015-2016 School Year:
 Focus on fresh produce, with a variety of salads offered everyday: Garden Salad, Carrot & Raisin Salad, Tricolor Veggie Pasta Salad, Tomato, Basil & Mozzarella Salad, and Broccoli Slaw.
 The use of Turkey products & Coleman's Line of 100% All Natural Chicken and Beef Products.
 All Natural- Made from Scratch Menu Items.

Available to the 3rd, 4th, & 5th grade daily
Boars Head Sandwich Boat \$4.75
Sal's Organic Pizza w/Beverage \$3.00
Chicken Tender Salad \$4.50

			THURSDAY, JUNE 1	FRIDAY, JUNE 2
			Belgian Waffle Sticks w/Blueberry Cup Turkey Sausage Links Breakfast Potatoes Applesauce Cups Milk CALORIES: 688 - 726 - 785 Alt: Chicken Pattie on Whole Wheat Bun	Trout Treasures Fish Tales Sweet Potato Fries Whole Wheat Dinner Roll Homemade Pumpkin Cake Milk CALORIES: 672 - 756 - 786 Alt: Meatball Sub

MONDAY, JUNE 5	TUESDAY, JUNE 6	WEDNESDAY, JUNE 7	THURSDAY, JUNE 8	FRIDAY, JUNE 9
Low Fat Bosco Sticks w/Marinara Sauce Loaded Veggie Salad w/Low Fat Dressing Mandarin Oranges Milk CALORIES: 634 - 682 - 785 Alt: BBQ Rib on Club Roll	WW Cinnamon Pancakes w/Fruit Turkey Sausage Links Breakfast Potato Rounds Applesauce Cup Milk CALORIES: 688 - 728 - 785 Alt: All Natural Hot Dog on Whole Wheat Bun	ITALIAN DAY Rotini w/Sauce, Mini Ravioli or Lasagna Roll Up Peach Salad French Bread Mandarin Oranges Milk CALORIES: 636 - 715 - 785 Alt: Chicken Pattie on Whole Wheat Bun	MEXICAN FIESTA DAY Quesadilla, Tacos or Tornados Spanish Rice Mexican Corn Cinnamon Churros Pineapple Tidbits Milk CALORIES: 688 - 726 - 785 Alt: Meatball Sub	Toasted Cheese on Whole Wheat Bread Sweet Potato Fries Assorted Salads Fruit Cup Milk CALORIES: 643 - 728 - 785 Alt: All Natural Hamburger or Cheeseburger on WW Bun

MONDAY, JUNE 12	TUESDAY, JUNE 13	WEDNESDAY, JUNE 14	THURSDAY, JUNE 15	FRIDAY, JUNE 16
Whole Grain Chicken Nuggets Tri Color Veggie Pasta Salad Whole Wheat Dinner Roll Fruit Assortment Milk CALORIES: 638 - 735 Alt: BBQ Rib on Club Roll	BREAKFAST FOR LUNCH WW Pancakes, French Toast & Waffle Sticks All Natural Syrup Turkey Sausage Links Breakfast Potatoes Applesauce Cup Milk CALORIES: 688 - 728 - 785 Alt: All Natural Hot Dog on Whole Wheat Bun	Chicken Pattie on WW Bun Corn on Cobb Sweet Potato Fries Fruit Assortment Milk CALORIES: 638 - 735 Alt: Meatball Sub	Coleman's All Natural Hamburger, Cheeseburger or Hotdog on WW Bun Sweet Potato Wedges Assorted Salads Watermelon Slice Milk CALORIES: 723 - 793 NO ALT	Pizza Day Assorted Salads Fresh Fruit Ice Cream Cup Milk CALORIES: 638 - 740 - 786 NO ALT

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Ala Carte Menu Items: Chicken Tender Salad, Whole Wheat Breads & Pizza, Bagel and accompanist, hummus w/veggies, hummus w/pretzels, Low Fat Muffins,
 Bagged Graham & Cheese Crackers, Low Sodium Hot Pretzels, Bagged Apples, Yogurt, String Cheese, Low Fat Milk, 100% Juice, Bottled Water